

# Thalidomide and Its Chirality: Towards Paradox

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*Pharmacy –  
a journey from Edo times to modern pharmaceuticals and health  
economics*

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# *Thalidomide's Return*

## **Towards Paradox**

Three decades after maiming thousands of children, the drug is increasingly useful-but perilous as ever.

*Time* 37, June 13, 1994

# Thalidomide (Contergan, Distaval) : From Tragedy to New Drug Discovery

1953: Synthesis at Ciba

1954: Synthesis at Gruenethal

1956: Launch as anticonvulsant, hypnotic, sedative

1961: Report on tragic teratogenicity (W. Lenz)

Withdraw from market (West Germany)

1962: Withdraw from market (Japan)

1965: Therapeutic utility against erythema nodosum leprosum

1977: Therapeutic utility against photodermatitis

1984: Therapeutic utility against psoriatic arthritis

1985: Therapeutic utility against GVHD

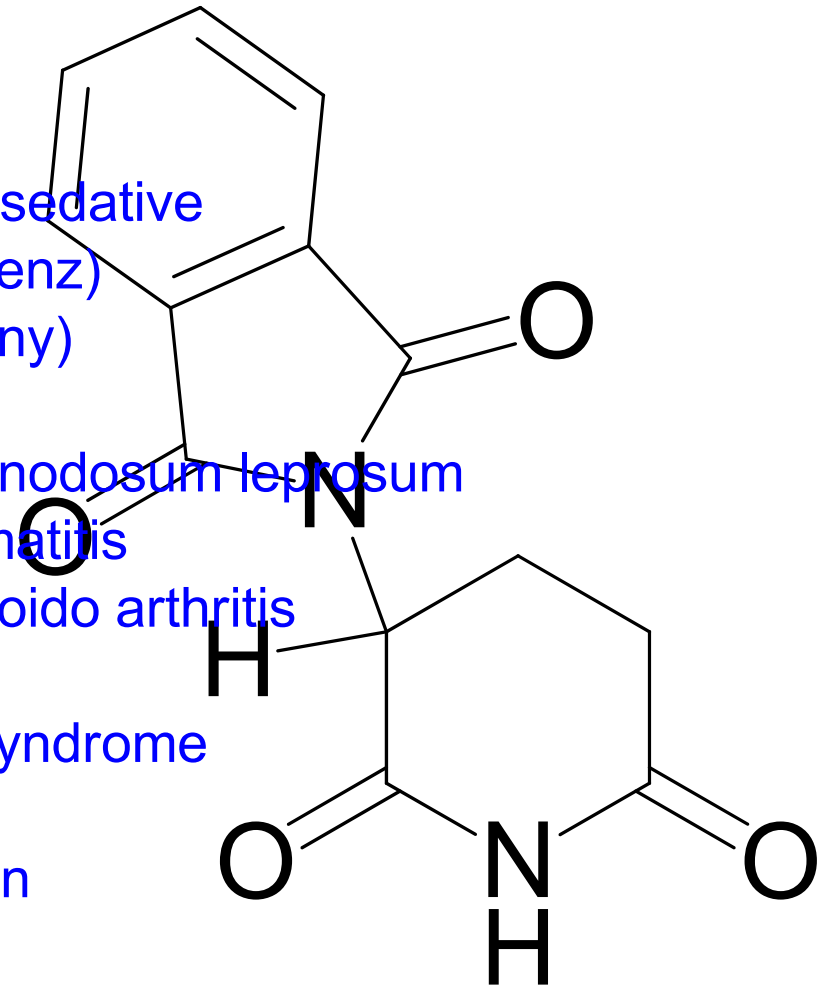
1986: Therapeutic utility against Behcets syndrome

1990: Nominate as an orphan drug in USA

1991: Inhibitory activity of TNF- $\alpha$  production

1993: Therapeutic utility against AIDS

1998: Launch by Celgene as Thalomid

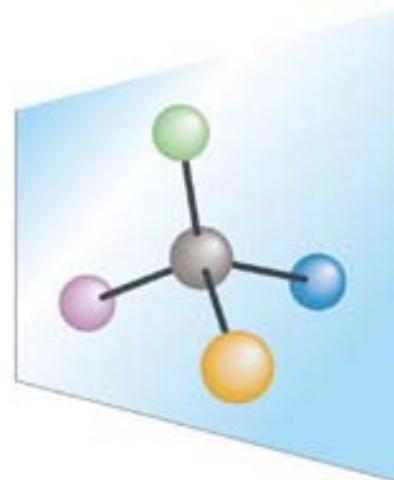


# *Why the disaster was happened ?*

**No! Different**

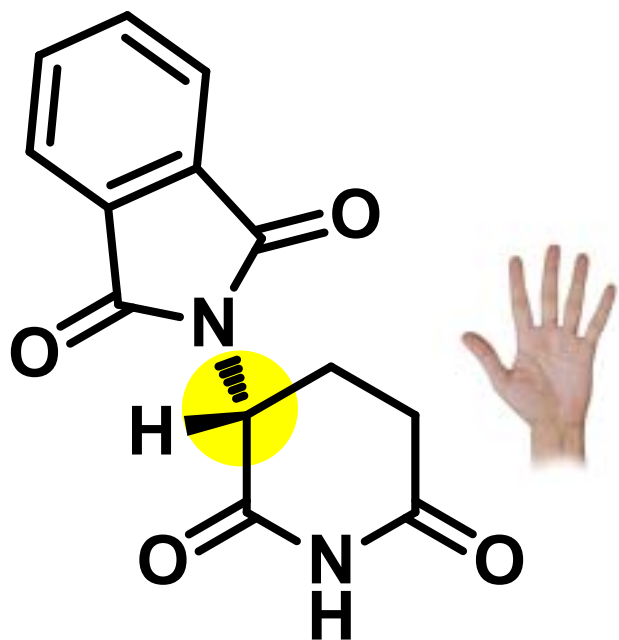


**Same?**

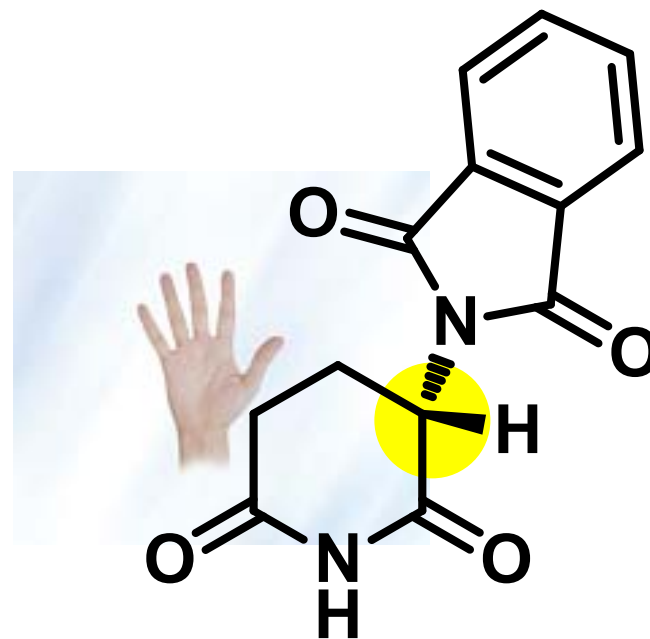


**Chiral  
Molecule**

# Thalidomide is a Chiral Molecule



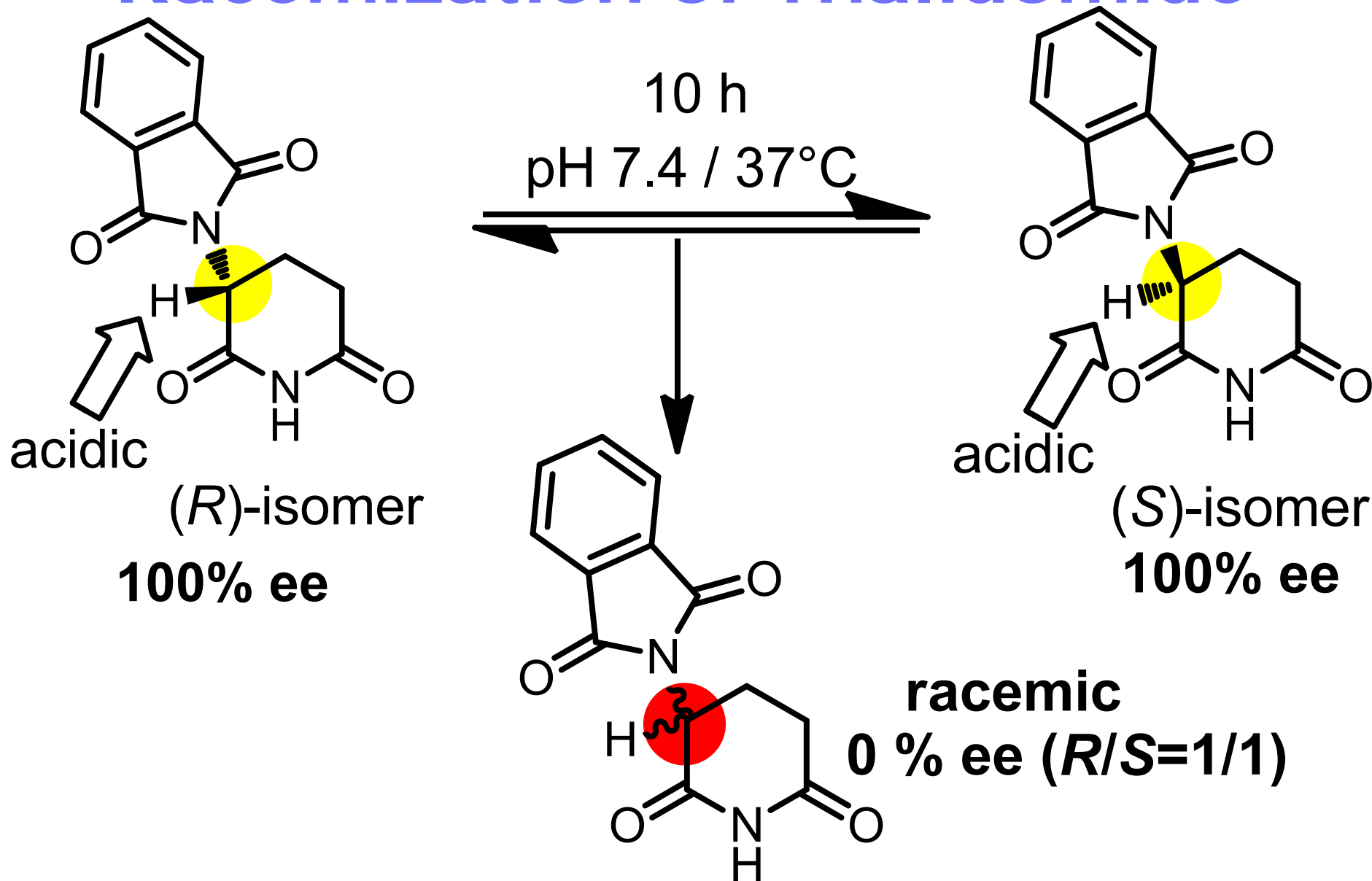
**(R)-isomer**  
**desired effects**  
**(sedation)**



**(S)-isomer**  
**side effects**  
**(teratogenicity)**

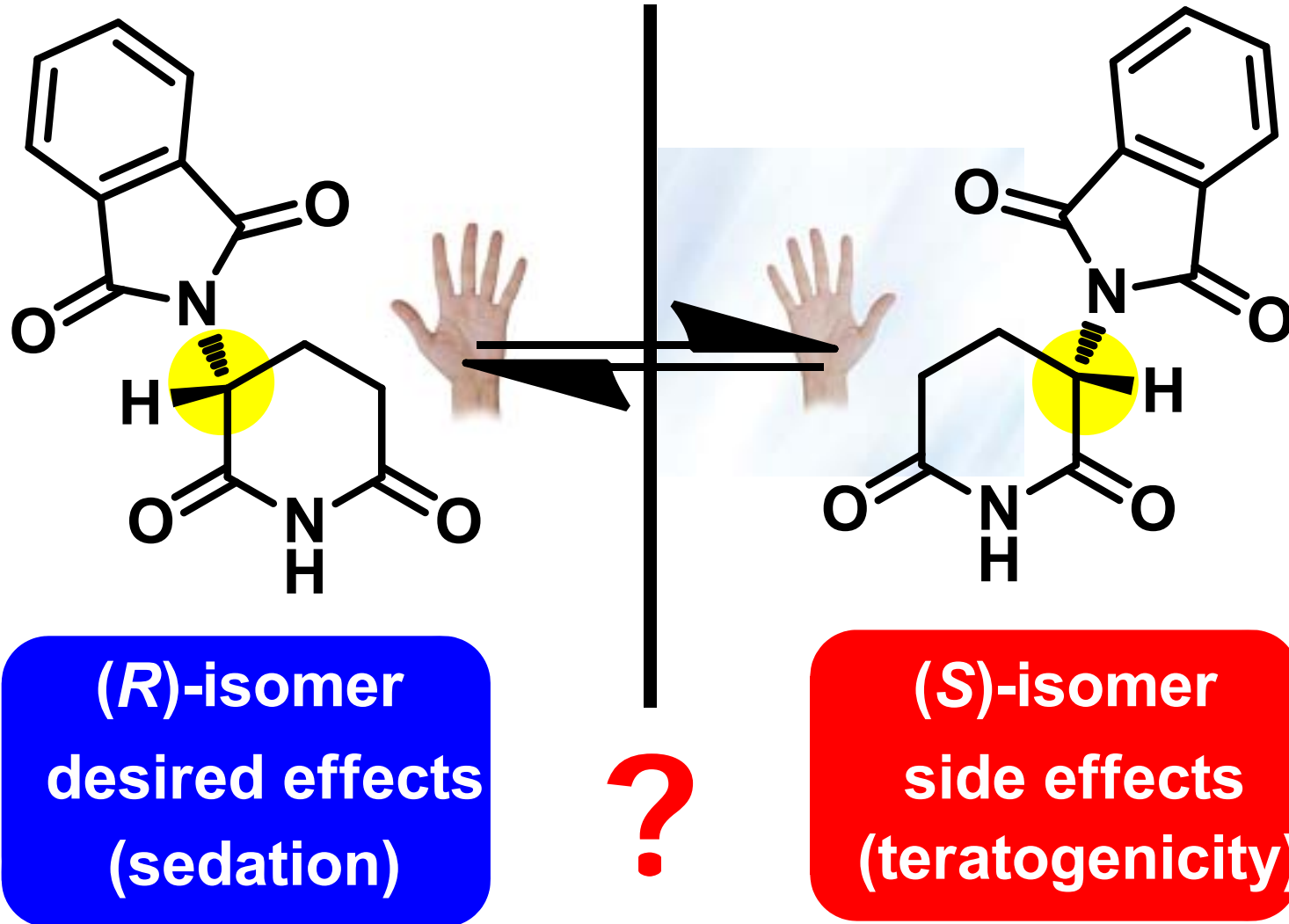
Blaschke, V. G. *et al.* *Arzneim.-Forsch.* 1979, 29, 1640.

# Racemization of Thalidomide



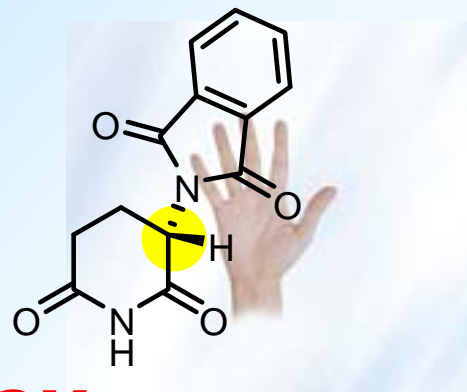
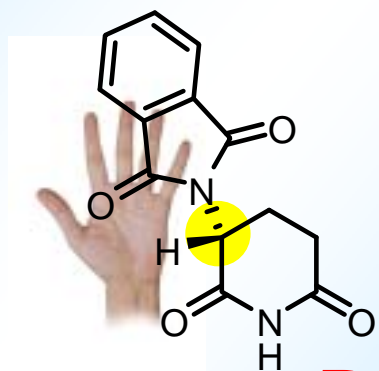
Nishimura, K. *et al. Chem. Pharm. Bull.* **1994**, 42, 1157.

# Thalidomide is a Chiral Molecule, But...



Blaschke, V. G. *et al.* *Arzneim.-Forsch.* 1979, 29, 1640.

*A fundamental question is whether thalidomide is stereospecifically teratogenic.*



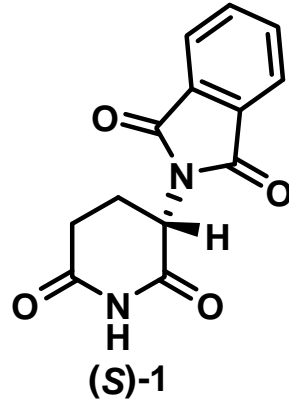
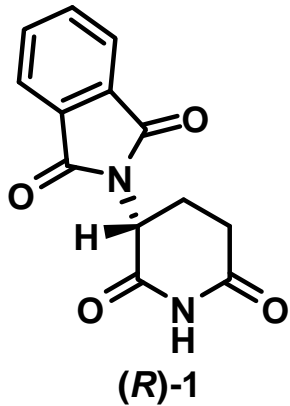
*Paradox*

*Racemization*

*vs*

*Stereospecific Teratogenicity*

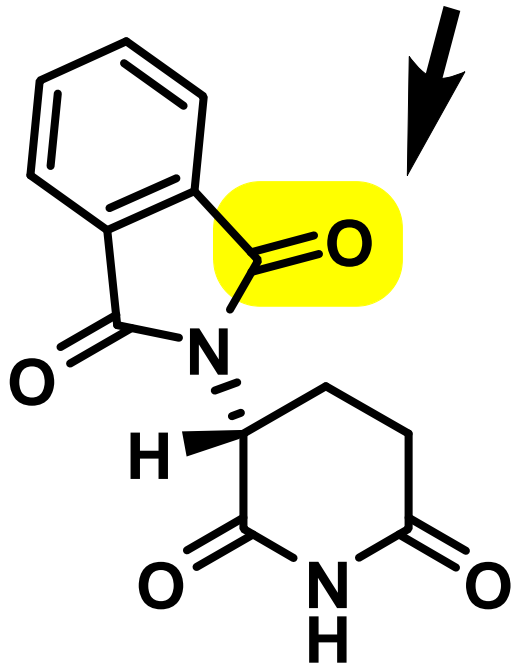
# Teratogenic Potency of Thalidomide Enantiomers



V. G. Blaschke. *et al. Arzneim.-Forsch.* 1979, 29, 1640-1642.

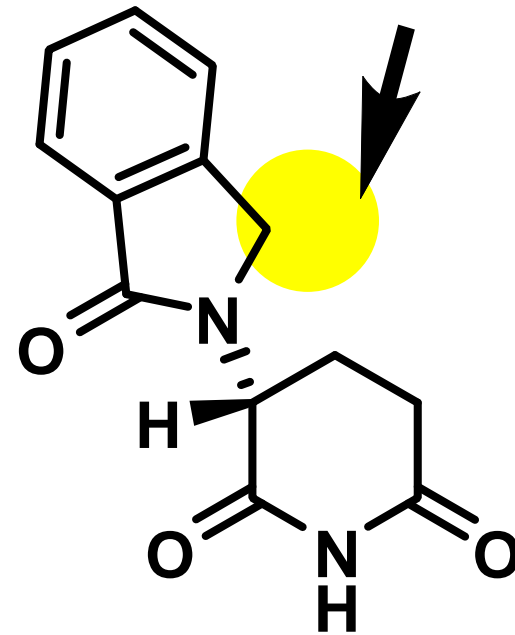
Substance	Dose (mg/kg)	Pregnant mice	Viable fetuses A	Aborted B	Aborted rate(B/A) (%)	A-B	Abnormal fetuses C	Abnormal rate (%) C/A-B
(S)-1	3.12	15	211	15	7.1	196	2	1.0
	12.5	10	135	31	22.9	104	0	0
	50	17	226	59	26.1	167	34	20.3
	100	14	178	21	11.7	157	15	10.4
	200	12	154	29	18.8	125	36	28.8
(R)-1	3.12	20	269	28	10.4	241	0	0
	12.5	11	157	17	10.8	140	0	0
	50	15	191	10	5.2	173	0	0
	200	12	160	21	13.1	139	0	0
	400	9	105	12	11.4	93	0	0

# EM12 (2-(2,6-dioxopiperidine-3-yl)-phthalimidine: Thalidomide Analogue



**(R)-Thalidomide**

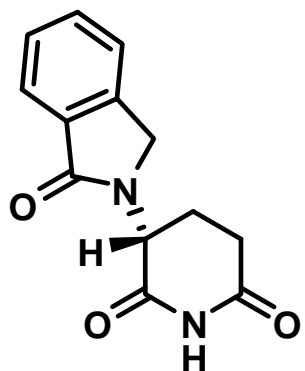
1979  
Prof. Gottfried Blaschke  
Pharmaceutical Institute.  
University of Münster



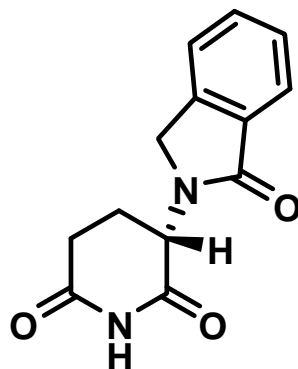
**(R)-EM-12**

1988  
Prof. Heinz Nau,  
University of Veterinary  
Medicine Hannover

# Teratogenic Potency of EM12 Enantiomers



(R)-EM-12



(S)-EM-12



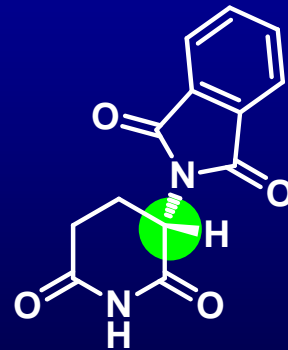
H. Nau. *et al. Arch. Toxicol.* 1988, 62, 205-208.

Substance	Dose mg/kg	Number of		Normal		Litters		Fetuses abnormal
		Pregnant animals	Viable fetuses	Litters	Fetuses	Abnormal	Aborted	
S-(–)-	0.5	3	10	0	0	3	0	10
	1	6	8	0	0	3	3	8
R-(+)-	1	5	11	1	6	3	1	5

# Paradox: Racemization vs Stereospecific Teratogenicity



**(R)-isomer**  
desired effects  
(sedation)

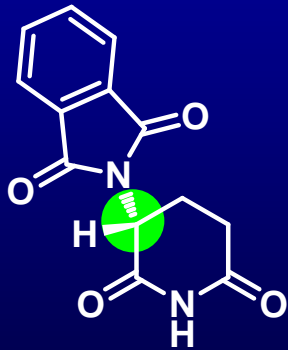


**(S)-isomer**  
side effects  
(teratogenicity)

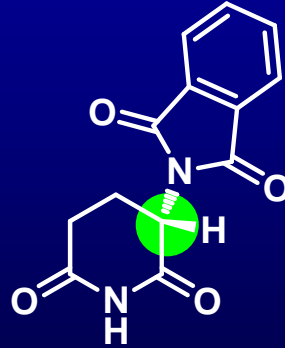
Blaschke, V. G. *et al. Arzneim.-Forsch.* 1979, 29, 1640.

1. Clearness of the biological results using mice by Blaschke.
2. Teratogenicity of thalidomide does not generally appear on rodent such as rat and mouse.
3. Rapid racemization in physiological conditions.
4. Teratogenic study for rabbit did not show the clear difference between those two enantiomers.
5. EM-12, thalidomide analogue, showed the (*S*)-enantiomer of EM-12 had stronger teratogenicity than that of (*R*)-enantiomer.
6. Enantioselective biological studies including metabolism were fragmentally reported by several researchers.

# Paradox: Racemization vs Stereospecific Teratogenicity

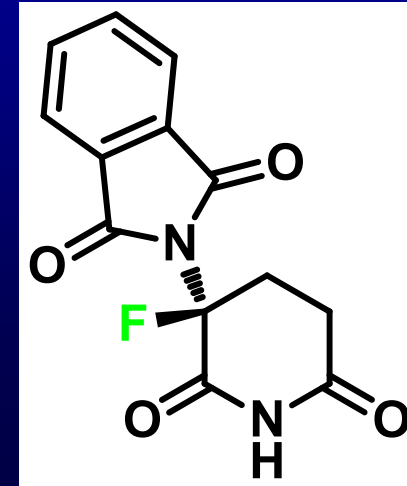


(R)-isomer  
desired effects  
(sedation)



(S)-isomer  
side effects  
(teratogenicity)

Blaschke, V. G. et al. *Arzneim.-Forsch.* 1979, 29, 1640.



E. Tokunaga

Missing Ring

> 30 years

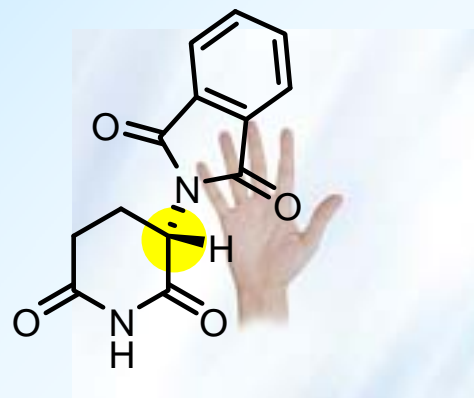
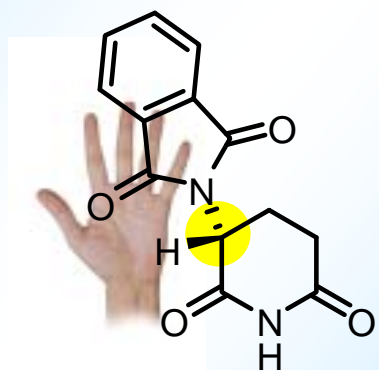


*Racemization*

VS

*Stereospecific Teratogenicity*

# *“Thalidomide Paradox”*

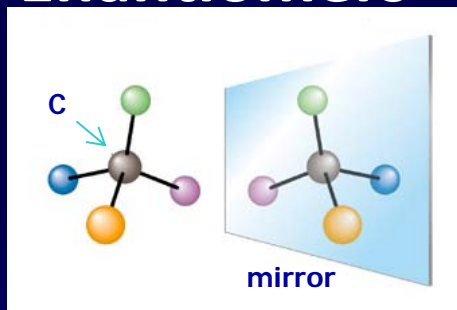


*“a self-disproportionation of non-racemic thalidomide in water”*

# Self-disproportionation of Enantiomers

*The phenomenon of the optical separation without the application of any external element of chirality.*

## Enantiomers



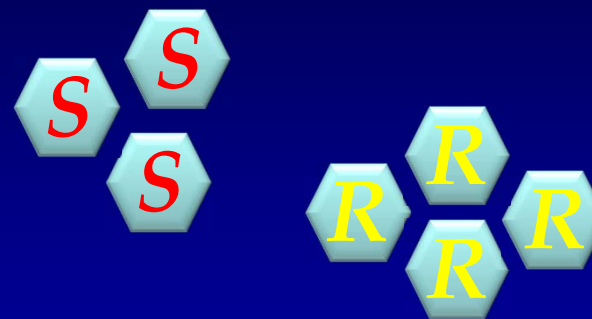
Same Physiological Properties



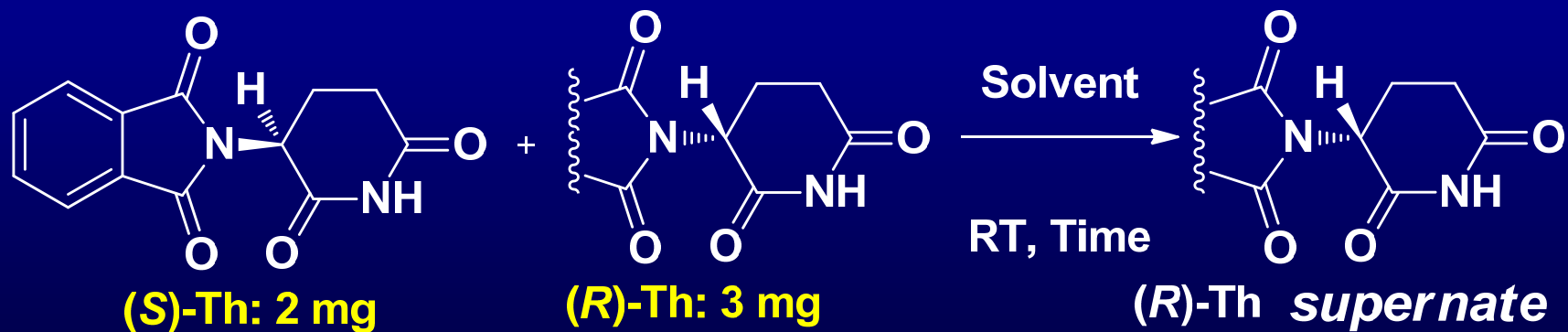
Chiral materials should be required for separation.



non chiral system

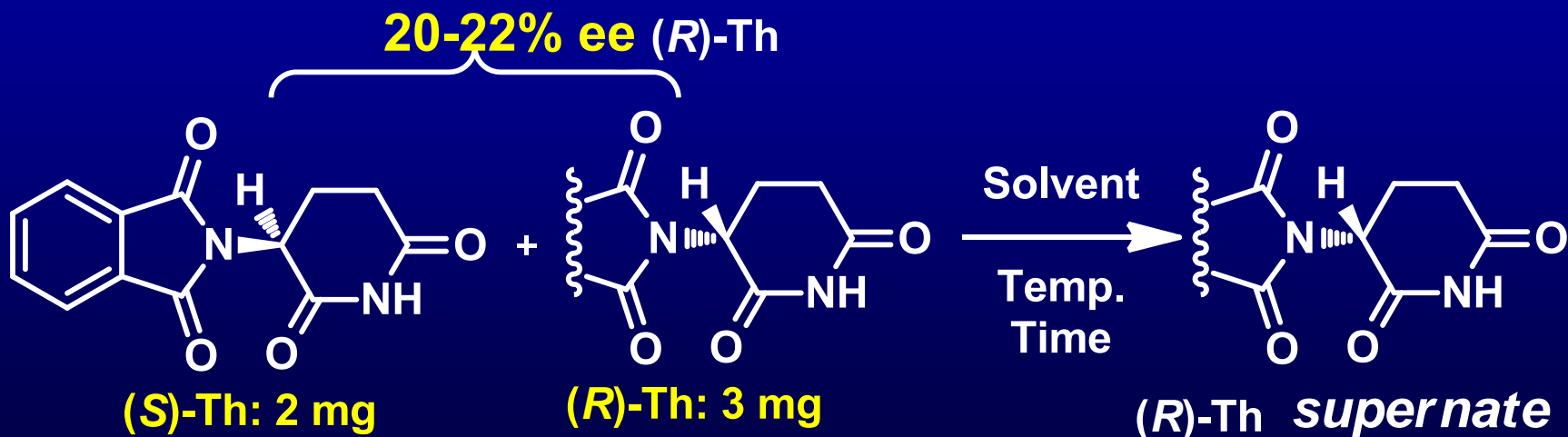


# Thalidomide and Chirality: A Fundamental Question is Whether Thalidomide is Stereospecifically Teratogenic.



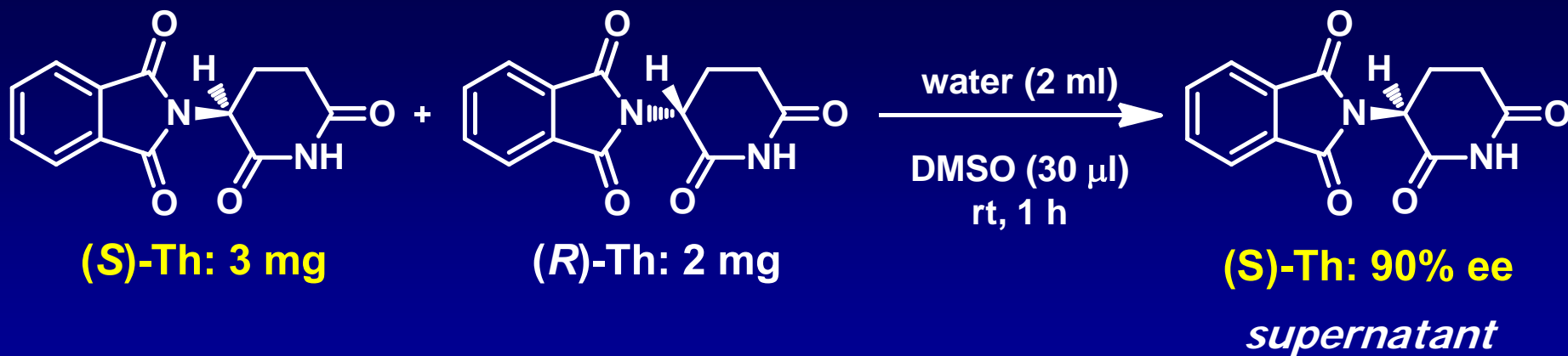
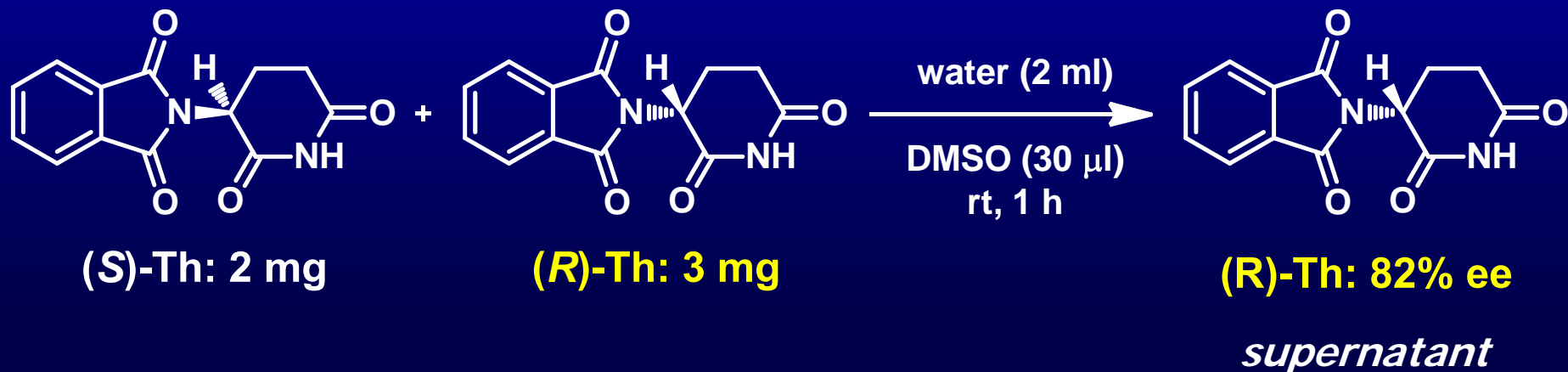
Entry	Solvent 1	Solvent 2	Time (h)	Ee (%)
1	EtOH (8 ml)		-	22
2	EtOH (2 ml)	water (1 ml)	1	
3	CHCl <sub>3</sub> /EtOH (1:1, 4 ml)	water (1 ml)	1	
4	DMSO (0.2 ml)	water (1 ml)	1	
5	water (8 ml)		1	
6	water (1 ml)		1	
7	water (1 ml)		1	

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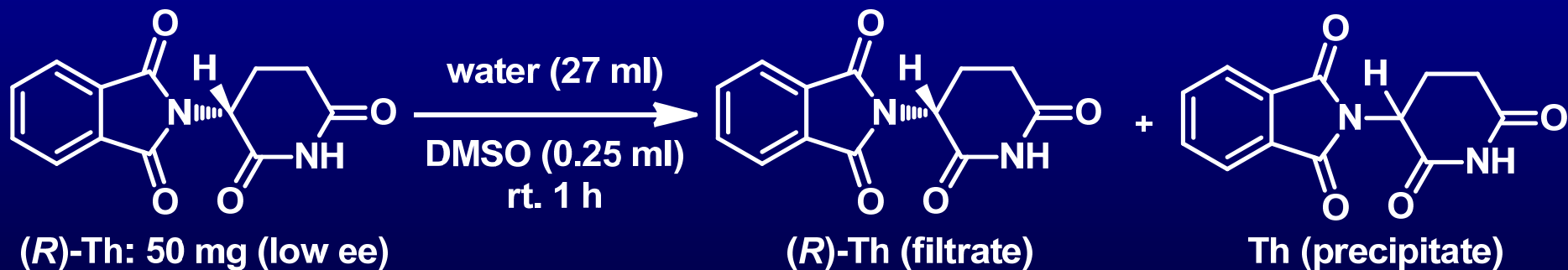


Entry	Solvent	Temp (°C)	Time (h)	Ee (%)
1	water (1 ml)	37	1	
2	water (1 ml)	37	24	
3	phosphate buffer (pH 7) (1 ml)	rt	1	
4	phosphate buffer (pH 7) (1 ml)	rt	24	
5	phosphate buffer (pH 7) (1 ml)	37	1	
6	phosphate buffer (pH 7) (1 ml)	37	24	

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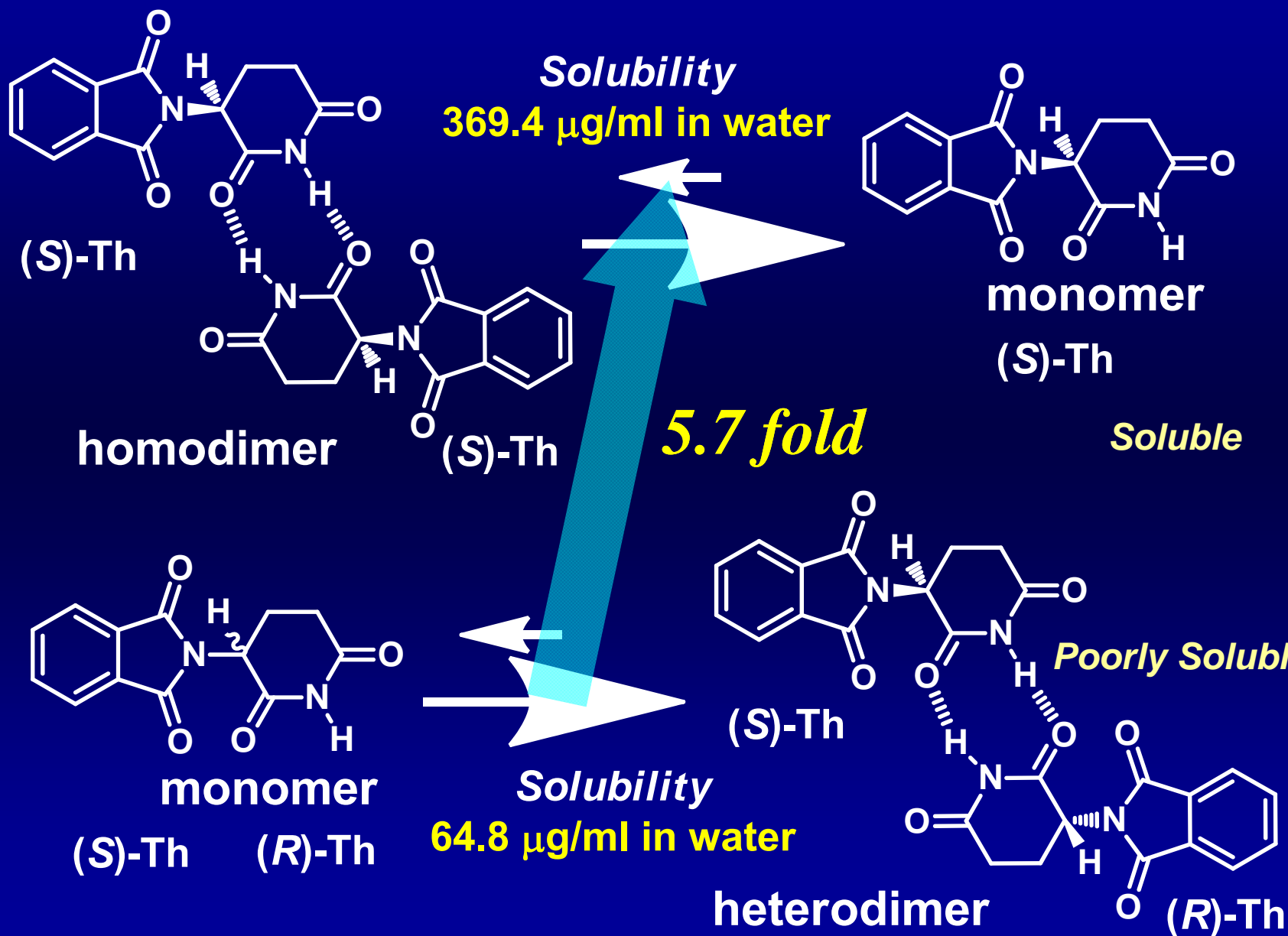


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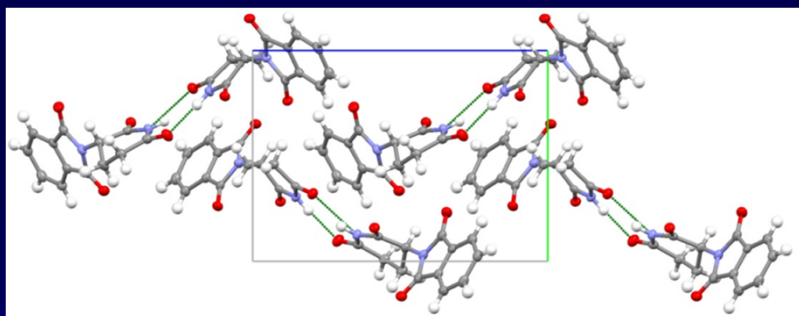
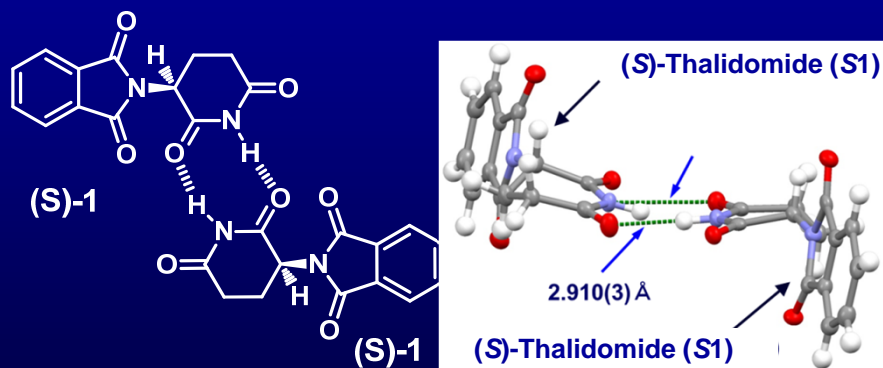
Run	(R)-Th (Ee)	(R)-Th (filtrate)			Th (precipitate)	
		Amount (mg)	Yield (%)	Ee (%)	Amount (mg)	Ee (%)
1	20%	3.9	39	82	40.5	13 (R)
2	20%	3.8	38	84	43.0	15 (R)
3	21%	3.7	37	78	38.4	19 (R)

# Racemic Quenching of Thalidomide

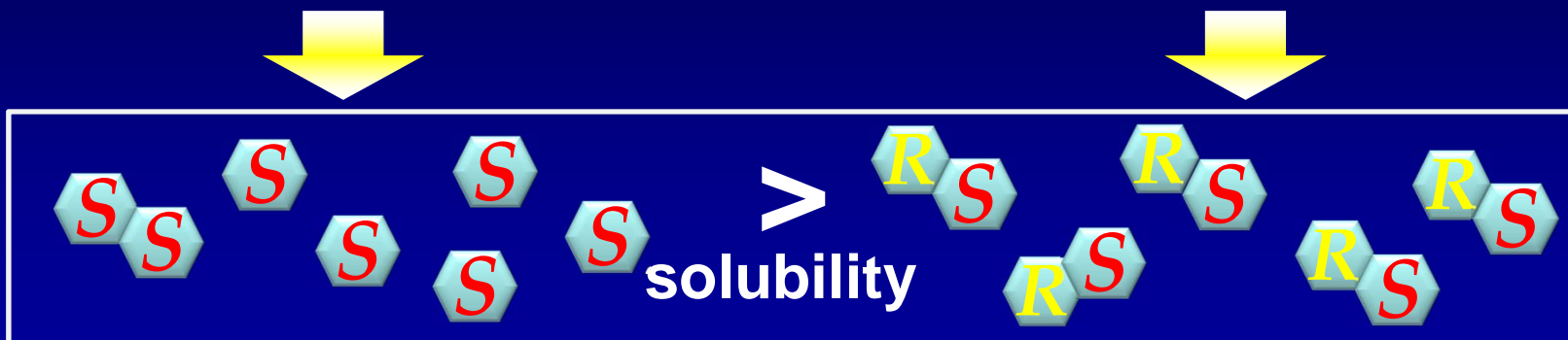
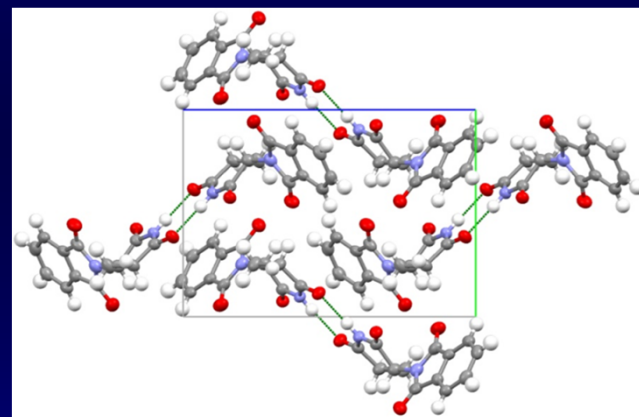
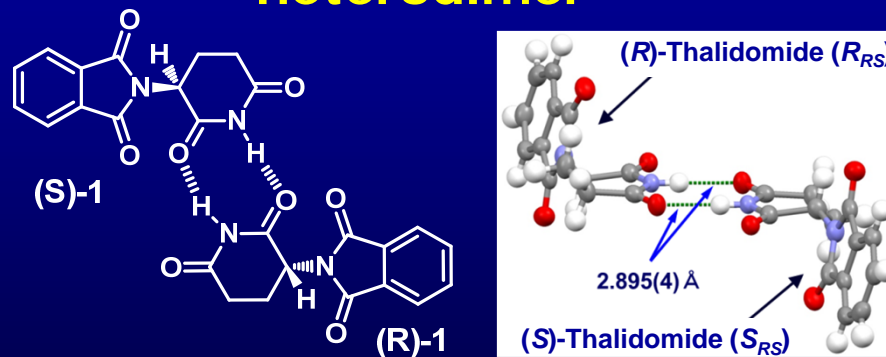


# Proposed Mechanism for Thalidomide

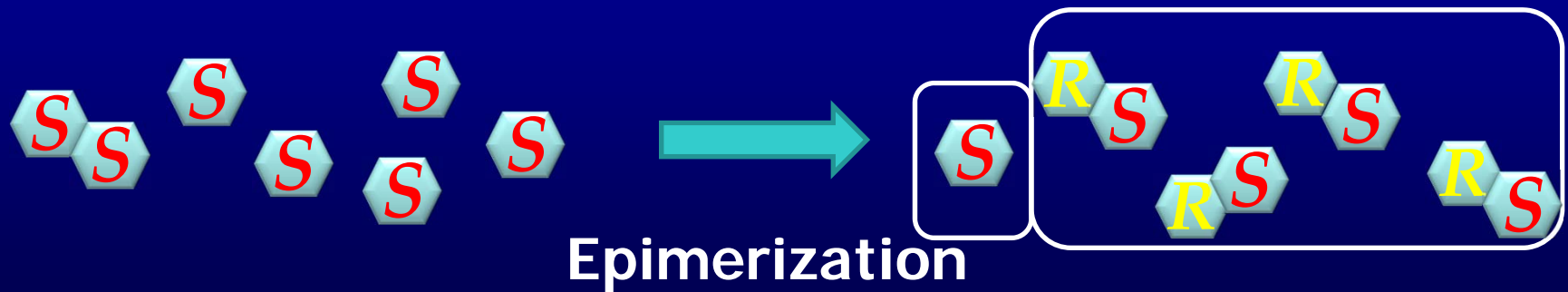
homodimer



heterodimer



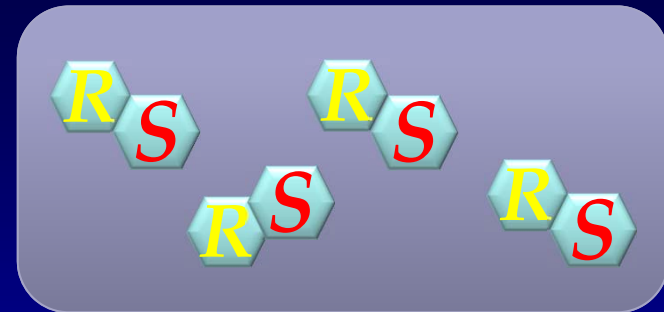
# Our Novel Hypothesis for Mechanism of Enantiospecific Biological Effects



Racemic Quenching

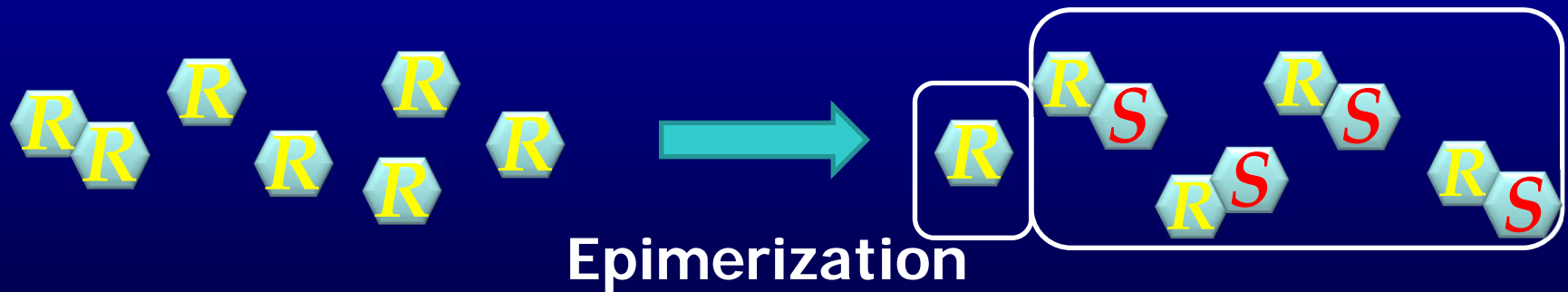


(S)-isomer  
in the Blood



Separated-out from  
Biological System as  
precipitate

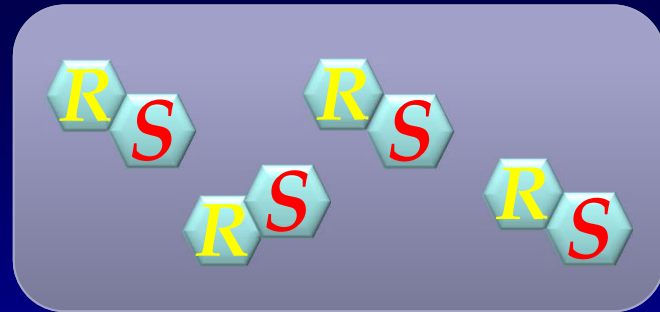
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Racemic Quenching

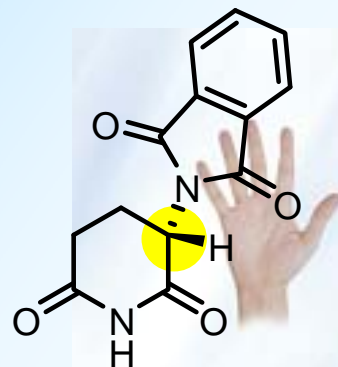
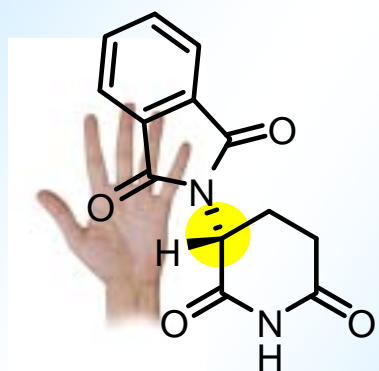


(R)-isomer  
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Separated-out from  
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# Acknowledgment



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